

Blended Intensive Programme (BIP)

Diversity, Migration and Mediterranean Food: Mutual Interactions Among Cultures, Regions and Places

May 26th-30th, 2025 - UNIPA (Trapani University Campus)



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INTRODUCTION

The Blended Intensive Programme, intend to propose an inter-sectoral and multi-disciplinary intensive course entitled: "**Diversity, Migration and Mediterranean Food: Mutual Interactions Among Cultures, Regions and Places**". The BIP aims to examine the interaction between Mediterranean food, migrant cultures and the identity of places in the context of the Sicily region, which turns out to be a reality where different cultures converge and interact. The itinerary also aims to explore urban and rural spaces where the interaction between migrant traditions, cultures and Sicilian eno-gastronomic traditions generate new forms of production and value. The main objective is to understand the multidimensional dynamics of this process and to develop concrete strategies to promote coexistence, integration and valorization of the heritage involved.

The programme, driven by the collaboration of three departments (**DiSTeM, D'ARCH and SAAF**), is deeply rooted within the objectives and actions of two of the Forthem Alliance labs: **Food Science Lab and the Diversity and Migration Lab**, configuring itself as an operational and implementation tool with respect to the Labs' objectives.

Also, the programme is mainly, but not exclusively, addressing European students to the nine Forthem universities and the project welcome around 25 students. As mentioned above, the approach to the proposed topic is interdisciplinary because it brings together different research profiles, ranging from experts in food, agronomy, biology, geography, urban planning, communication, history, pedagogy, sociology, law, anthropology, psychology and many others.

CONTENTS

The course programme is developed according to a dual modality: **a live session (in presence) in Trapani (May 26th to May 30th 2025) and an online session (June 30th to 4th July 2025).**

For each days of the activity we will follow this main topics:

Topic 1: Cultural diversity as intersectional identities in the Mediterranean regions

Topic 2: Mediterranean food: environmental, social and economic sustainability

Topic 3: Mediterranean food value chains: production, technology, packaging and health

Topic 4: Migrants and Mediterranean food: tradition and innovation

Topic 5: Migrant narratives, intercultural communication in the food productions

Topic 6: Gender diversity and role of women in ethnic culinary cultures

Topic 7: How do different migrant traditions interact with urban and/or rural space in food culture?

Topic 8: Multicultural urban/rural spaces and food production

Topic 9: Cultural intersections between different culinary traditions in Sicily

Topic 10: The street food tradition in the urban spaces of the Mediterranean cities

Topic 11: Importance of historic markets in the culture and urban development of the Mediterranean cities

Topic 12: Diversity, stigma and exclusion in the food traditions/urban spaces



PROGRAMME OVERVIEW- live session in Trapani (May 26th to May 30th 2025)

Date	Morning	Afternoon
DAY 1 26th of May Trapani Marine Biology Institute and co-working space	Arrival	Registration Welcome coffee Opening and introductive lecturer on Diversity, Migration and Mediterranean Food Social dinner
DAY 2 27th of May Guided tour	Guided tour to salt works near Trapani, vineyards and historic winery in Marsala Lunch	Consumers test lab Mediterranean food: environmental, social and economic sustainability
DAY 3 28th of May Trapani Co-working space	Mediterranean food and health a case study: Mediet4all project "Mediterranea food and health: the role of antioxidants and its evidence" Lunch	Working group on Migrant narratives, intercultural communication in the food productions
DAY 4 29th of May Trapani University Campus	Workshop on marine food resources and blue economy: a pilot case study on Sicilian value chains Lunch	Working group
DAY 5 30th of May Trapani University Campus	Final remarks How do different migrant traditions interact with urban and/or rural space in food culture? Multicultural urban/rural spaces and food production Lunch	Departure

DETAILED PROGRAM WITH VENUE, SPECIFIC TIMETABLE AND SPEAKERS WILL BE SHARED WITH THE SELECTED PARTICIPANTS SOME WEEK BEFORE THE BIP

PROGRAMME OVERVIEW- online session (June 30th to 4th July 2025)

Online session	#1: 30/06/2025				
	Co-working project	#2: 01/07/2025			
		Co-working project	#3: 02/07/2025		
			Co-working project	#4: 03/07/2025	
				Co-working project	#5: 04/07/2025
					Co-working project

TEACHING METHODOLOGIES

The program will use the following teaching methodologies:

- **Interactive lectures** led by academic experts and professionals in the field
- **Practical case studies** illustrating the challenges and opportunities of migrant communities' eno-gastronomic productions in different cities around the world
- **Site visits to places of food and wine production:** Trapani
- **Applied workshops** involving students in designing innovative solutions to promote integration and improve the quality of life of migrant communities in relation to eno-gastronomic productions
- **Individual and joint research activities** that will allow students to integrate research activities carried out individually with joint paths directed by teachers and developed within thematic working groups (consisting of teachers, experts and students)

The programme, which provides for the recognition of **3 CFU** credits, has a significant applied laboratory component that will allow lecturers and students to experiment together with cooperative techniques and applied research activities.

ORGANIZED BY



WITH THE SUPPORT OF



Marine Biology Institute

PARTNER UNIVERSITIES



Scientific Coordinators

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Prof. Vincenzo Todaro, D'ARCH

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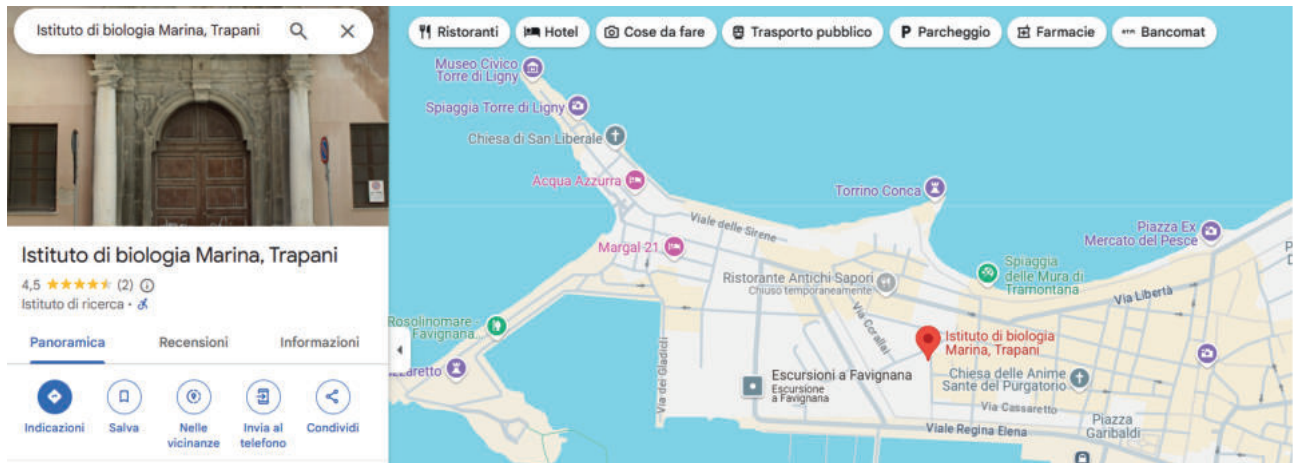
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Meeting point 26th of May 2025

Marine Biology Institute, Via Giuseppe Barlotta, 4, 91100 Trapani TP

<https://maps.app.goo.gl/UpPFyZwkcsfSjkuH6>



University campus in Trapani – 29th of May 2025

<https://maps.app.goo.gl/mX3y3KtP8NQXPHs7>